

# Working with Young People Using Crystal Methamphetamine



*This resource is by headspace National Youth Mental Health Foundation.*

*This resource provides tips for health workers caring for young people who use crystal methamphetamine ('ice').*



**Summary:** This factsheet provides practical tips for health workers caring for young people who use crystal methamphetamine ('ice'). It includes suggestions for how to best engage young people in treatment for crystal **methamphetamine** use as well as information about additional support services that might be required to support their overall physical and mental wellbeing.

For factsheets about crystal methamphetamine ('ice') that you may wish to give to young people in your practice, visit [the Students section](#).

**Developers:** This resource was developed by [headspace National Youth Mental Health Foundation](#).

**Costs:** Free

**Year:** 2020

**Evidence base:** This resource has undergone expert review.

[Access the factsheet](#)