

Webinar: How can parents and schools prevent drug related harms?



This resource is by Positive Choices

This webinar highlights the ways in which teachers, parents and other people involved in the lives of young people can help to reduce the harms that can be experienced in teenage years due to drug and alcohol use.

Effect on the developing adolescent brain

- ✦ Adolescence is a critical period for brain development and maturation
- ✦ Alcohol and cannabis impact the brain and functions:
 - Immediate short-term effects
 - Affect how the brain develops: longer term impact
- ✦ Recommended video series for young people: “Under Construction” by Turning Point

[Alcohol and the Teenage Brain](#)

[Cannabis and the Teenage Brain](#)



Summary: This webinar will be useful for parents, carers, teachers, and anyone else who works with young people in school communities. The use of illegal drugs and alcohol in the teenage years is associated with a greater risk of related problems in adulthood. This webinar presents research examining the consequences of early substance use for adolescent development and wellbeing, highlighting the potential of school-based prevention programs to significantly reduce the short and long-term harms associated with teenage drug and alcohol use. Various approaches to school-based prevention will be discussed with a focus on evidence-based practice. Attendees will learn how to find and access reliable prevention resources online, and will be introduced to specific prevention programs that are proven to reduce drug related harms and increase wellbeing among young people.



Crystal Methamphetamine
*Trusted, evidence-based
information for the community*

GET THE FACTS ABOUT ICE WHAT ARE THE EFFECTS OF ICE? STAYING SAFE

www.cracksintheice.org.au

Developers: This webinar was originally developed for the Positive Choices Webinar Series. It was written and presented by Dr Nicola Newton and Dr Lexine Stapinski from NHMRC Centre of Research Excellence in Mental Health and Substance Use, National Drug and Alcohol Research Centre, UNSW.

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