

# Teacher information: What you need to know about drugs and alcohol



*This resource is by Positive Choices*

*This information booklet provides teachers with evidence-based information about drugs and alcohol as well guidance on how to protect students against drug and alcohol related harms.*



**Summary:** This information booklet is part of a series developed for teachers, parents and students. The Teacher booklet was developed to provide:

- Accurate evidence-based information about drug and alcohol use and the associated effects
- Guidance on how to talk to a young person about drugs and alcohol and ways to protect students against drug and alcohol related harms
- Information about school-based drug and alcohol prevention programs that have demonstrated positive outcomes in Australia.

[Access the parent booklet.](#)

[Access the student booklet.](#)

**Developers:** This booklet series was funded by the [Australian Government Department of Health and Aged Care](#) and developed by:

- [The Matilda Centre for Research in Mental Health and Substance Use](#) at the University of Sydney;
- [National Drug & Alcohol Research Centre](#) at the University of New South Wales;
- [National Drug Research Institute](#) at Curtin University.

**Year:** 2019

**Costs:** Free

**Evidence base:** This resource has undergone expert review.

[Access the Drug Education Teacher Booklet](#)