

# Student information: What you need to know about drugs and alcohol



*This resource is by Positive Choices*

*This information booklet provides students with up-to-date facts about drugs and alcohol and guidance on how to keep themselves and others safe.*



**Summary:** This information booklet is part of a series developed for teachers, parents and students. The Student booklet was developed to provide:

- Up-to-date facts about drug and alcohol use and their effects
- Information about how to help someone who has taken a drug
- Information about how to talk to a friend who may have problems because of drugs or alcohol
- A guide to making informed choices and how to handle difficult situations.

[Access the teacher booklet.](#)

[Access the parent booklet.](#)

**Developers:** This booklet series was funded by the [Australian Government Department of Health and Aged Care](#) and developed by:

- [The Matilda Centre for Research in Mental Health and Substance Use](#) at the University of Sydney;
- [National Drug & Alcohol Research Centre](#) at the University of New South Wales;
- [National Drug Research Institute](#) at Curtin University.

**Year:** 2019

**Costs:** Free

**Evidence base:** This resource has undergone expert review.

[Access the Drug Education Student Booklet](#)