

Beyond the Tip of the Iceberg: A practitioners' guide to ice



This resource is by 360Edge.

This resource provides a research summary on methamphetamine use in Australia and assists health workers to respond to its' use.



Summary: "Beyond the Tip of the Iceberg" synthesises the latest research on **methamphetamine** to help practitioners understand crystal methamphetamine ('ice') use in Australia, how it effects the brain and behaviour, and how they can respond in a range of primary and tertiary health contexts to reduce harms and improve outcomes.

The guide covers the following topics:

- Beyond the tip of the iceberg: about ice
- Brain drain: cognitive effects of meth
- There's meth in the madness: meth and mental health
- Out of harm's way: methamphetamine-related risks and harms
- Breaking the ice: what works in treatment
- Cracks in the ice: working with families

Developers: Dr Nicole Lee, Linda Jenner & Paula Ross, with Jenni Harman.

Costs: \$34.95 (free postage in Australia)

Year: 2017

Evidence base: This resource has undergone expert review. Refer to guide for full reference list.

[Order Beyond the Tip of the Iceberg: A Practitioners' Guide to Ice](#)