

Parent information: What you need to know about drugs and alcohol



This resource is by Positive Choices

This information booklet provides parents with evidence-based information about drugs and alcohol as well guidance on how to protect their children against drug and alcohol related harms.



Summary: This information booklet is part of a series developed for teachers, parents and students. The Parent booklet was developed to provide:

- Accurate evidence-based information about drug and alcohol use and the associated effects
- Information about how to help someone who has taken a drug
- Guidance on how to talk to a young person about drugs and alcohol, and ways parents can protect young people from drug and alcohol related harms.

[Access the teacher booklet.](#)

[Access the student booklet.](#)



Crystal Methamphetamine
*Trusted, evidence-based
information for the community*

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STAYING SAFE

www.cracksintheice.org.au

Developers: This booklet series was funded by the [Australian Government Department of Health and Aged Care](#) and developed by:

- [The Matilda Centre for Research in Mental Health and Substance Use](#) at the University of Sydney;
- [National Drug & Alcohol Research Centre](#) at the University of New South Wales;
- [National Drug Research Institute](#) at Curtin University.

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Costs: Free

Evidence base: This resource has undergone expert review.

[Access the Drug Education Parent Booklet](#)



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