

Methamphetamine ('ice'): A clinical guide for Primary Care Health Professionals

NCCRED

National Centre for Clinical
Research on Emerging Drugs

This resource is by NCCRED (National Centre for Clinical Research on Emerging Drugs).

This resource provides a clinical guidance tool for primary care health professionals for assessment, management, and treatment of methamphetamine use.



Summary: This clinical guidance tool provides practical information and resources for primary care health professionals for assessment, management, and treatment of **methamphetamine** use.

This resource covers a broad range of content including:

- tips for starting a conversation about alcohol or other drug use with clients
- brief screener tools
- brief guides and checklists for conducting a stimulant-specific health assessment, social situation assessment and mental health assessment
- information about the stages of change and questions assessing a person's motivation to change their methamphetamine use
- harm reduction tips
- strategies for coping with methamphetamine **withdrawal**

In addition to being available online, this resource can be downloaded as a PDF A5 booklet or ordered as a hard-copy booklet. Click to access the online resource below and scroll to the bottom of the resource for further information about downloading a PDF booklet or ordering hard-copy booklets.

Developers: This resource was developed by [NCCRED \(National Centre for Clinical Research on Emerging Drugs\)](#).

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Costs: Free

Evidence base: This resource has undergone expert review. Refer to the [NCCRED website](#) for more information about this resource.

[Access the clinical guidance tool](#)