

METH CHECK: PSYCHOSTIMULANT EARLY INTERVENTION FLOWCHART

insight

Centre for alcohol and other drug
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Summary: The Meth Check: Psychostimulant Early Intervention Flowchart is a clinical tool designed to assist health professionals assess and treat clients who use **methamphetamines** or other **psychostimulants**.

The flowchart guides health professionals in their assessment and response to clinical presentations including psychostimulant intoxication, **psychosis**, behavioural disturbance, **withdrawal** and **dependence**.

There are three versions of the flowchart available:

1. **Combined pathways.** This version incorporates all decision making pathways, including recommended responses to both the presence and absence of acute intoxication.
2. **Acute intoxication pathway .** This version incorporates only the acute intoxication pathway from the combined pathways flowchart and assists health professionals responding to clients who are acutely intoxicated.
3. **Non-acute intoxication pathway.** This version incorporates only the non-acute intoxication pathway from the combined pathways flowchart and assists health professionals responding to clients who are not acutely intoxicated.

An introductory video is provided with the combined pathways version and explains how to use all flowchart pathways in practice. The developers strongly recommend health professionals watch this before using the tool.

The developers also recommend health professionals complete a short [e-learning program](#) about methamphetamine before using any of the Meth Check tools.

Note: This resource was developed as part of Queensland Health's response to **crystal methamphetamine ('ice')** and contains some information that is specific to the Queensland context, including Guidelines for Emergency Medicine and Acute Behavioural Disturbance Management in Mental Health Settings. If you require this information, please refer to your State or Territory guidelines.

Developers: This resource was developed by [Insight](#) as part of [Queensland Health's](#) response to 'ice' crystal methamphetamine.

Costs: Free

Year: 2016

Evidence base: This resource has undergone expert review.

[Access the combined pathways flowchart and introductory video](#)

[Access the acute intoxication flowchart](#)

[Access the non-acute intoxication flowchart](#)