

# Guidelines for Frontline Workers: Amphetamine Assessment and Management



*This resource is by St Vincent's Hospital.*

*These guidelines assist frontline workers with assessment and management of patients presenting with amphetamine-type intoxication.*



**Summary:** These guidelines provide basic information for frontline workers in hospitals on how to assess and manage patients presenting with amphetamine-type intoxication (including crystal methamphetamine 'ice' intoxication), as well as guidelines for longer-term management and intervention.

The guidelines include information to assist with:

- Assessing whether a client is experiencing intoxication, toxicity or **withdrawal**
- Managing medical complications
- Dealing with amphetamine-induced behavioural disturbances
- Identifying patterns of use, comorbidities and risk factors for individual clients
- Planning interventions and treating clients of different dependency levels

**Developers:** These guidelines were developed by Nexus (Concurrent Mental Illness & Substance Use Advisory Service), a component of the Victorian Dual Diagnosis Initiative (VDDI) at St Vincent's Hospital, Melbourne.

**Year:** 2014

**Costs:** Free

**Evidence base:** This resource has undergone expert review.

[Access the Assessment and Management Guidelines for Frontline Workers](#)