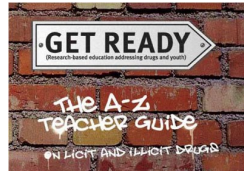


Get Ready AOD education program



This resource is by

the Department of Education and Early Childhood Development Victoria

Get Ready is a drug and alcohol education program designed to be administered by teachers to students in Years 7 to 9.

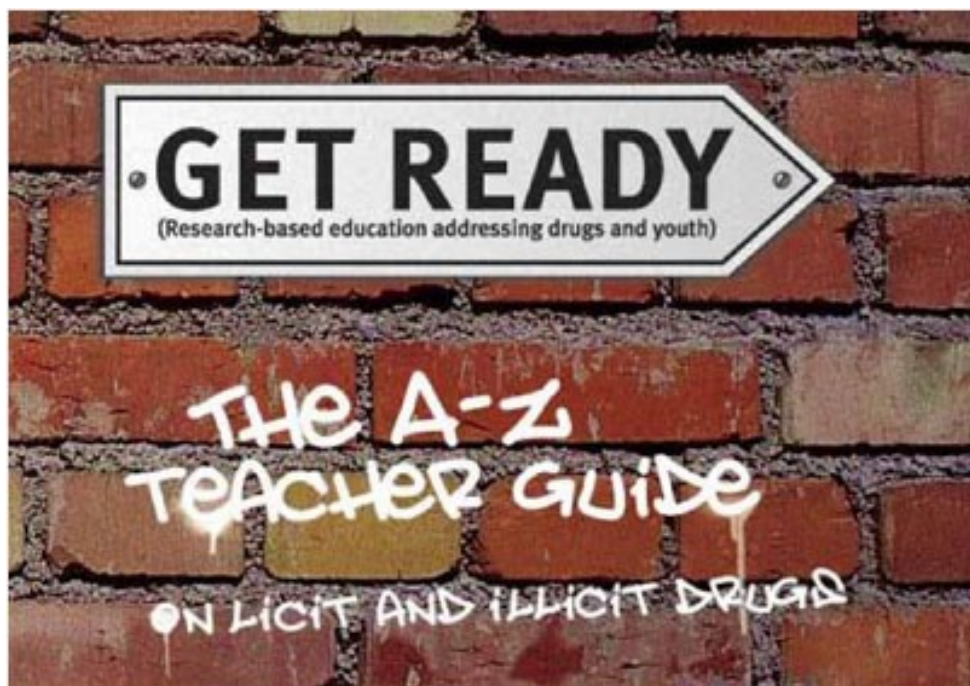


Image sourced from: [Positive Choices](#)

School years: 7-9

Summary: Get Ready is a drug and alcohol education program designed to be administered by teachers and includes curriculum-based materials for Year 7-9 students. There are 10 x 60 minute lessons available for each of these school years.

Teacher and Student handbooks are available, as well as "trigger" videos that provide a starting point for discussion (available for Years 8 and 9 only).

- [Get Ready Year 7 Teacher Manual](#)
- [Get Ready Year 8 Teacher Manual](#)
- [Get Ready Year 8 Student Workbook](#)
- [Get Ready Year 8 Trigger video](#)
- [Get Ready Year 9 Teacher Manual](#)
- [Get Ready Year 9 Student Workbook](#)
- [Get Ready Year 9 Trigger video](#)
- [Get Ready Drug Education Resource Year 7 - 9](#)

Two days of professional training is recommended. The effectiveness of implementing the program without specialist training is not yet known.

Developers: The program was developed collaboratively by the [Department of Education and Early Childhood Development Victoria](#), [Edith Cowan University](#) and [University of Melbourne Youth Research Centre](#).

Costs: Free

Evidence base: The Get Ready program has been trialed in 21 schools, involving 1750 students. The program received the Excellence in Prevention and Community Education Award, one of nine National Drug and Alcohol Excellence awards in 2012.

[Click here for a full list of research studies supporting the effectiveness of the Get Ready program.](#)

[Access the Get Ready program](#)