



Want more information?



The Family and Friends
Support Programs

The Family and Friend Support Programs (FFSP) are free online support packages for families and friends supporting a loved one who may be using alcohol and/or other drugs. They also support people who may be experiencing domestic and family violence, as well as people living in rural or remote regions.

The programs were developed by researchers and clinicians with input from real families and friends.

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AWARENESS. INFORMATION. SUPPORT.









THE PROGRAMS

The Family and Friend Support Programs provide helpful **information and resources**, showcase **real stories** from people with lived experience, and provide links to **additional support services**.



Program for people supporting someone who is using ice.



Program for people supporting someone who is using alcohol and/or other drugs.



Program for people who are experiencing domestic and family violence.



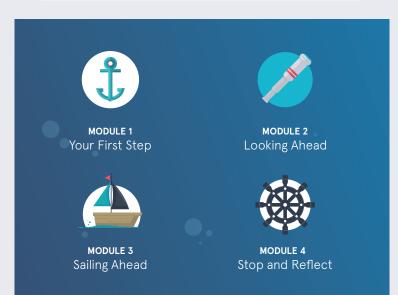
Program for people who live in rural or remote regions.



ALCOHOL AND OTHER DRUG PROGRAMS

Families and friends can play a critical role in the recovery of people using alcohol and/or other drugs.

The FFSP online support package for families and friends supporting someone who is using alcohol and/or other drugs include information on how to best support a loved one while also managing the demands of this role.



OTHER PROGRAMS

The FFSP online support package for people who are experiencing **domestic** and family violence provides information about how they can help support themselves, or a family member or friend. It also provides information about how to identify signs of violence and stay safe.

The FFSP online support package for people living in **rural and remote areas** provides resources for supporting themselves or others during difficult times, including supporting people who use alcohol and/or other drugs.



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