

# Amphetamine Cessation Symptom Assessment Tool



# Flinders UNIVERSITY

*This resource is by Flinders University.*

*This resource is a clinical tool that assesses the severity of amphetamine withdrawal.*

## Amphetamine Cessation Symptom Assessment (ACSA)

Please circle (o) one response for each question regarding the past 24 hours

Question score

1.	<b>Have you had difficulty concentrating?</b> 0 Not at all    1 A little    2 Moderately    3 Quite a bit    4 Extremely	<input type="radio"/>
2.	<b>Have you been sleeping (or wanting to sleep) a lot?</b> 0 Not at all    1 A little    2 Moderately    3 Quite a bit    4 Extremely	<input type="radio"/>
3.	<b>Have you been tense?</b> 0 Not at all    1 A little    2 Moderately    3 Quite a bit    4 Extremely	<input type="radio"/>
4.	<b>Have you had vivid, unpleasant dreams?</b> 0 Not at all    1 A little    2 Moderately    3 Quite a bit    4 Extremely	<input type="radio"/>
5.	<b>Have you felt irritable?</b> 0 Not at all    1 A little    2 Moderately    3 Quite a bit    4 Extremely	<input type="radio"/>
6.	<b>Have you been tired?</b> 0 Not at all    1 A little    2 Moderately    3 Quite a bit    4 Extremely	<input type="radio"/>

**Summary:** This 16 item Amphetamine Cessation Symptom Assessment (ACSA) is a clinician rating tool for assessing the severity of amphetamine **withdrawal** symptoms.

**Developers:** This training resource was developed by [National Centre for Education and Training on Addiction](#) (NCETA) at Flinders University.

**Year:** 2008

**Costs:** Free

**Evidence base:** This resource has undergone expert review.



Crystal Methamphetamine  
*Trusted, evidence-based  
information for the community*

GET THE FACTS ABOUT ICE

WHAT ARE THE EFFECTS OF ICE?

STAYING SAFE

[www.cracksintheice.org.au](http://www.cracksintheice.org.au)

[Click here to access this resource](#)



Australian Government  
Department of Health



THE UNIVERSITY OF  
**SYDNEY**  
—  
Matilda Centre